



2020 **Planning** Vision

Start Continue Stop

Design your VISION for your FUTURE

2020 Planning Vision

Stop-Start-Continue

Now it's time to make some judgments and ask deeper questions about what you would change for next year. Think about the 80/20 rule which states that 20 percent of your activities will account for 80 percent of your results. What activities and responsibilities provide you with most of your joy? Think about your lessons and what those experiences taught you.

STOP

What do you want to stop doing? What is not working? What is getting in the way? What is taking up time? What do you dislike?

Action/Initiative	Desired Result	Desired Emotion	New Opportunity
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

START

What do you want to start doing? What are you not doing, but want to do? What do you want to try?

Action/Initiative	Desired Result	Desired Emotion	New Opportunity
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

CONTINUE

What do you want to continue doing or do more of? What is working well? What do you want to continue trying? What do you enjoy? What led to your biggest accomplishments?

Action/Initiative	Desired Result	Desired Emotion	New Opportunity
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____