



2020 **Planning** Vision

Year at a Glance

Design your VISION for your FUTURE

TURN
TO CLEAR
VISION

2020 Planning Vision

Year at a Glance Worksheet Guide

Review the past year

Look back at each month in the past year and list a few highlights. What significant events happened? Did you accomplish or start something? Did you meet new people? Remember to capture lessons or areas that aren't as pleasant. Were there periods that were unsustainable, both good or bad, that are worth noting?

JAN MAR MAY JUL SEP NOV

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

FEB APR JUN AUG OCT DEC

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Celebrate Accomplishments | Remember Growth

Once you've filled in the timeline, it's time to pull out the highlights. And because we are approaching this exercise with self-compassion, we're going to honor our areas of growth and lessons learned just as much as our accomplishments. List the top 4-5 accomplishments, the milestones, connections, or habits you're really proud of. Then list the top 4-5 lessons you learned. Keep in mind that failures only become lessons when we take the learning into the next imperfect action.

Accomplishments _____ _____ _____ _____ _____	Result _____ _____ _____ _____ _____	Key Driver (Action) _____ _____ _____ _____ _____	What does this make possible? _____ _____ _____ _____ _____
Lessons _____ _____ _____ _____ _____	Result _____ _____ _____ _____ _____	What do you want to do different? _____ _____ _____ _____ _____	How will you know you learned? _____ _____ _____ _____ _____